

Bulletin for 22.12.2024

COTS & Charter Night Celebration

Our Club organized COTS & Charter Night Celebration at Baptist Missionary Society Hall on 24th of August 2024.

Assistant Governor, Rtn. Shubrashree Mitra conducted the COTS and updated the Club Officers on their roles and responsibilities.

A cake was cut in celebration of Charter and another cake was cut by PP. Y.M. Nandy and spouse Manika in celebration of their Golden Jubilee Anniversary.



FAMILY CORNER

- Birthday greetings to PP. Rtn. Y.M. Nandy for the 3rd of January
- Birthday greeting to Rtn. Ranadip Bramha for the 9th of January

Congratulations:

- Congratulations to PP. Rtn Sudhir Shankar Singh for receiving District Governor's Citation for Rotary Year 2023-2024 at Swikriti District Awards Ceremon
- Congratulations to Rtn. Amir Khan for becoming a Paul Harris Fellow
- Congratulation to Rtn. David Khan for winning Gold Medals in both segments of Left and Right Hand in Arm-Wrestling Competition at Dum Dum.



District News:

- The Rotary International District 3291 District Conference to be held from January 3-5, 2025 at the East Side Pavilion in Nicco Park, Salt Lake Sector IV, Kolkata.
- Leadership Symposium PETS 1: January 19, 2025 at IIM C Diamond Harbour Road, Joka, Kolkata

Program at Holy Cross High School – Mumbai :

Our Club Member, Rtn Avishek Ghosh had an opportunity to visit Holy Cross High School in Kurla – Mumbai and spend time interacting with the little children of the school.

He expressed his thanks to Bright Start and the school management for organizing the occasion where the visiting team could prepare Kellogg cereals for the children and also help them in preparing a chart.

The smiling faces of the happy children was very rewarding for the Rtn. Avishek and his team which spent the morning interacting with the little kids of the school.

Health Corner:

Good ways to improve gut health is to include fermented foods like yogurt and sauerkraut in your diet, also taking probiotic supplements — when indicated — and eating plenty of fiber. Notably, fiber serves as a prebiotic, or a food source for your gut bacteria.



Teacher's Day Celebration :

Teacher's Day was celebrated in association with Open Arms Educational & Charitable Trust at Study Circle for the Teacher's of Peter's Day School. A cake was cut in commemoration of the occasion and refreshments were served to all the invitees.

On behalf of the Club, PP. Rtn. Y.M. Nandy presented gifts to all the invited teachers who enjoyed the evening along with PP. Rtn Lovina Khan and PP. Rtn. Dr. Ekram Khan



Keep Smiling:

Boss: Why are you 4 hours late?

Employee: I'm sorry. I fell from the 3rd floor this morning.

Boss: That's 30 feet high! It shouldn't take you more than 5 seconds!